



## RETURN TO PLAY FRAMEWORK

### RETURN TO SMALL GROUP TRAINING UP-TO 20 PEOPLE CHECKLIST

This checklist has been established to support teams 'Returning to Small Group Training' under the current NSW Government COVID-19 restrictions. The Football Club and Teams have an obligation to strictly adhere to these protocols at every training session.

The key principle for training must be **'Get in, Train, Get out'**

#### **SMALL GROUP TRAINING UP-TO 20 PEOPLE**

The club can undertake training in groups no larger than 20 people. This includes players, coaches & football support staff. No more than 3 small training groups per oval at any one time with groups not permitted to interact.

#### **STRICTLY NO CONTACT**

The club has advised its participants, coaches, volunteers and parents that all training must be strictly NON-CONTACT (i.e. no tackling, no bumping, no marking contests, etc).

#### **1.5M SOCIAL DISTANCING**

The club has advised its participants, coaches, volunteers and parents that all training must strictly observe social distancing requirements of 1.5m and adhere to the requirement of no more than 1 participant per 4sqm.

#### **NO ACCESS TO CHANGEROOMS**

The club is aware that change rooms and club rooms should remain closed for training, except to access toilets if there are no alternative toilet facilities available, or for the purpose of obtaining equipment.

#### **FOOTBALLS ALLOWED, BUT NO OTHER EQUIPMENT**

The club is aware that footballs can be used for small group training, and only limited additional equipment is permitted (i.e. field marking cones etc are permitted).

#### **CLUBS & TEAMS UNDERSTAND THE RETURN TO SMALL GROUP TRAINING PROTOCOLS**

The club and all teams have read, understood and agree to adhere to the Return to Small Group Training Protocols provided by AFL NSW/ACT.

#### **HYGIENE PROTOCOLS ARE IN PLACE**

The club has implemented the hygiene protocols as outlined in the Return to Small Group Training Protocols document.

#### **AT LEAST ONE NOMINATED COVID SAFETY OFFICER**

At least one nominated Club official has undertaken the Australian Government [online COVID-19 Infection Control Training](#) and submitted a certificate of completion to their League Administrator prior to recommencement of Club activity.

#### **A REGISTER OF PARTICIPANTS**

The club has implemented a log, or register, to keep a track of which participants are in attendance at all training sessions, and this is available upon request by AFL NSW/ACT or health authorities.

#### **COVIDSafe APP**

The club has encouraged all players, volunteers and families to download the [COVIDSafe App](#) to help in tracing the spread of COVID-19.

#### **LOCAL GOVERNMENT APPROVAL**

The club has received approval from the Local Government to access the oval for Small Group Training.

#### **FOLLOW DIRECTIONS**

The club and training groups understand that they must follow the direction and advice of local and state authorities at all times.